

## Account creation and log in process

ahealthyme™

Everything to live a healthier life.

**Members Sign In:**

Username

Password

[Forgot username or password?](#)

**Sign Up Now!**

The information you provide on this site will be kept in accordance with the Blue Cross Blue Shield of Massachusetts Commitment to Confidentiality statement.

[Click here to sign up >>](#)

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MASSACHUSETTS

### Create an account:

- 1 Go to: [www.ahealthyme.com/login](http://www.ahealthyme.com/login)\*
- 2 Click on **Click here to sign up**
- 3 Follow steps to register (next slide)

\*Access is also available via BCBSMA's Member Central website

# Account Creation and log in process

## Create an account (cont.):

4

Complete the site registration form. You will need either your BCBSMA member number (do not include the letters preceding the 11-digit number). To receive text message reminders, provide your cell number and select cell phone provider

5

Read and agree to the Terms of Use and Privacy Policy and hit the **submit** button

6

Once you hit submit you'll be taken to the ahealthyme homepage

## Taking the health assessment



### Locating the health assessment on the homepage:

- 1 The health assessment is accessible under the **My Health Tools** in the top navigation bar
- 2 The health assessment is in the image slider\*
- 3 The health assessment is the first step in the **Start Here** widget

\*Recommended