

Signing up for a workshop

The screenshot shows the ahealthyme homepage with several key elements highlighted by red circles:

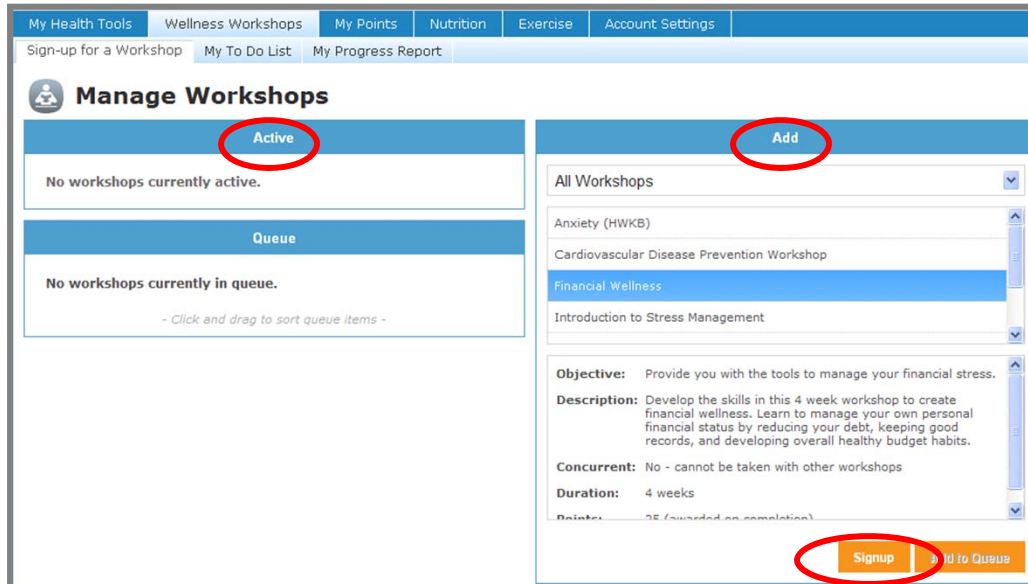
- Navigation Bar:** The "Wellness Workshops" link is highlighted in the top navigation bar.
- Start Here Widget:** The "Take a Workshop" step is highlighted in the "Start Here" widget.
- Image Slider:** The "Wellness Workshops" link is highlighted in the image slider.
- To-Do List:** The text "Once enrolled in a workshop, weekly tasks appear here" is highlighted in the "To-Do List" section.

Locating workshops on the homepage:

- 1 Workshops are accessible under **Wellness Workshops** in the top navigation bar by clicking on **Signup for a Wellness Workshop**
- 2 Take a Workshop is the second step in the **Start Here** widget
- 3 Wellness workshops are linked to in the image slider*
- 4 There is a wellness workshops promo spot in the left-hand column of the homepage

*Recommended

To Enroll in a Workshop



How to Signup:

- 1 Select the wellness workshop title you would like to enroll in under **Add** and then click **Signup**
- 2 To begin your workshop click the workshop title when it appears under active
- 3 If Signup is grayed out it means that you are active in another workshop and you must instead click on **Add to Queue**
- 4 The queued workshop will become active after the completion of the active workshop*

*You can put as many workshops in your queue as you would like, they will become active one at a time in the order you selected them