

**SECTION I: TO BE COMPLETED BY PARTICIPANT (PLEASE PRINT)**

Name: \_\_\_\_\_ BCBSMA ID #: \_\_\_\_\_ Gender: M / F  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone Number: ( ) \_\_\_\_\_ DOB: \_\_\_\_\_  
Email: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**SECTION II: TO BE COMPLETED BY YOUR PROVIDER**

Screening Date: \_\_\_\_\_ Fasting (please circle): YES / NO  
Height: \_\_\_\_\_ feet \_\_\_\_\_ inches Weight: \_\_\_\_\_ pounds Waist Circumference: \_\_\_\_\_ inches  
Total Cholesterol: \_\_\_\_\_ mg/dl HDL: \_\_\_\_\_ Ratio Total/HDL: \_\_\_\_\_  
Glucose Level: \_\_\_\_\_ mg/dl Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_ mm/Hg  
Body Fat %: \_\_\_\_\_ Body Mass Index (BMI): \_\_\_\_\_

Provider's Signature: \_\_\_\_\_

Provider's Name (please print): \_\_\_\_\_

Provider's Address: \_\_\_\_\_

Return this form by: e-mail ([offsiteforms@interactivehealthinc.com](mailto:offsiteforms@interactivehealthinc.com)), fax (410-356-6205) or mail (Interactive Health, Attn: Alternative Means, 11409 Cronhill Drive, Suite M, Owings Mills, MD 21117).

**PLEASE PICK ONE METHOD FOR SUBMITTING YOUR RESULTS by 10/31/2020**

**IT IS THE PARTICIPANT'S RESPONSIBILITY TO RETURN THIS FORM.**

**Notice of Use and Disclosure of Information.** Health Solutions Services, Inc. ("HSS"), a subsidiary of Interactive Health Solutions, Inc., will share the fact of your participation and your actual results from this voluntary wellness screening with Blue Cross Blue Shield of Massachusetts ("BCBSMA"). HSS discloses this information to receive payment for the screening services it provides. BCBSMA may use this information to identify opportunities to provide education regarding certain health risks and may contact you to promote participation in health and disease management programs.

